

Inner View Counseling  
Presents:

# Laughter Yoga

2<sup>nd</sup> Monday of the month  
On March 10<sup>th</sup> 2014 at  
5:30-6:00 p.m.

*Cost: Free, Donations accepted*

It is said:  
"Laughter is the  
best medicine!"  
Come, experience  
for yourself  
Find the joy  
within you!

## Join Kiran Gupta, LMSW



*For a relaxing  
and energizing lift  
during your stress filled day!*

*Clinical Social Worker  
Certified EMDR Therapist  
Reiki Master  
Certified Laughter Leader*  
[ivgupta@gmail.com](mailto:ivgupta@gmail.com)

[www.kirangupta-innerview.com](http://www.kirangupta-innerview.com)

Kiran is a Licensed Clinical Social Worker, a Masters Addiction Counselor and a Reiki Master. She has worked for Michigan State University as an Employee Assistance Program Counselor and a Health 4 U Consultant. She also conducts classes and workshops on meditation and laughter. Her greatest passion lies in helping people find their true selves and bringing joy back into their lives. Kiran holds masters degrees in Psychology and Social work.

Kiran's East Lansing location is conveniently located near Frandor Shopping



## Campus Village Center 1151 Michigan Ave East Lansing, MI

517-332-9579

Laughter located in the Lounge!

**Directions:** Campus Village Parking and entrance are located behind the building. Enter from Michigan Ave onto Reniger Ct. and park in spaces posted as: Office, Visitor Parking. Additional parking is located cross Reniger Ct. in the ramp on the west side of Campus Village. Please park in Client parking spaces.



➤ **Let the Laughter Begin!**

**The Campus Village Lounge** is located in the East hallway just past the fitness center and restrooms.