

THE 2012 CONFERENCE ON PAIN

*A conference for healthcare professionals
who care for people in pain*

Working Across Disciplines

TO SOLVE PAIN PROBLEMS



Nursing CE—This program is co-provided by Henry Ford Health System, Michigan State University College of Nursing, Saint Joseph Mercy Health System, University of Michigan Health System, and Wayne State University College of Nursing. 5.16 nursing continuing education contact hours will be provided.

Saint Joseph Mercy Health System is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver of the American Nurses Credentialing Center's Commission on Accreditation.

Social Work CE—5.5 continuing social work credits will be provided.

Pharmacy CE—4.5 continuing pharmacy education credits are pending approval.

**Tuesday
November 13, 2012**

NEW LOCATION—

**Ann Arbor Marriott Ypsilanti at Eagle Crest
Ypsilanti, Michigan**

Pain is a complex issue. Managing pain problems requires teamwork between healthcare professionals and the patients they serve. There is a growing consensus that interprofessional collaboration is key to meeting the goal of providing safe, high quality, accessible patient-centered pain care. At the **2012 Conference on Pain**, healthcare professionals will learn how to work across disciplines to solve pain problems. Leading experts will present current findings on how teamwork is integral to excellent pain care. Additional sessions include multimodal therapy, tools and technology in pain management, comprehensive assessment techniques, complementary therapies, and strategies to manage compassion fatigue. You will also learn from an interprofessional team who successfully met the challenge of caring for a patient with complex pain problems. Join colleagues and other healthcare professionals as we learn together how to improve pain care at the **2012 Conference on Pain**.

SHARE YOUR RESEARCH AND CLINICAL PROJECTS

**The call for poster abstracts deadline
is October 1, 2012:**

http://www.nursing.msu.edu/downloads/Call%20for%20Abstracts_2012.pdf

Presented by



**MICHIGAN STATE
UNIVERSITY**
College of Nursing



**WAYNE STATE
UNIVERSITY**



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Featured Speaker



Rosemary Polomano, PhD, RN, FAAN, received her BSN and MSN degrees from the University of Pennsylvania in Philadelphia, Pennsylvania. After receiving her PhD from the University of Maryland, Baltimore, MD, she completed her postdoctoral fellowship training in pain research at the MCP-Hahnemann University, Department of Neurology. Dr. Polomano is currently an Associate Professor of Pain Practice at the University of Pennsylvania School of Nursing and an Associate Professor of Anesthesiology and Critical Care (Secondary) at the University of Pennsylvania Perelman School of Medicine. Dr. Polomano has conducted research on chronic pain including chemotherapy-induced peripheral neuropathy, acute postoperative pain, monitoring of patients receiving opioid analgesia, and currently, pain in combat-injured military service members. She has received several awards for her research, including a 2009 and 2011 American Academy of Pain Medicine Research Abstract Award. She has developed and tested instruments to measure pain and other patient-reported outcomes and collaborated on the initial validation of the Revised American Pain Society Patient Outcome Questionnaire (APS-POQ-R) for quality improvement for hospitalized adults. As a member of the American Society for Pain Management Nursing (ASPMN) Expert Consensus Panel for Monitoring of Opioid-induced Sedation and Respiratory Depression, Dr. Polomano served as senior author for the publication resulting from the panel's work. She has participated on several national advisory boards and guidelines and consensus panels to address national agendas for pain management, and co-authored the recent report on Advancing a National Agenda to Eliminate Disparities in Pain Care: Directions for Health Policy, Education, Practice, and Research published in the January 2012 issue of *Pain Medicine*. Dr. Polomano has lectured extensively throughout the country and internationally on pain-related topics, and was the chair for the ASPMN INROADS for Pain Management Educational Initiative. Her publications include over 70 peer-reviewed journal articles and 35 book chapters.

Program Objectives

Upon completion of this conference, participants will be able to:

- Identify successful strategies for interprofessional collaboration in caring for people with pain.
- Discuss a wide variety of factors that influence the diagnosis and treatment of pain.
- Describe how effective teamwork and collaboration can improve patient outcomes.

Who Should Attend

This program is important for all healthcare professionals who work with patients experiencing pain. Registered nurses, advanced practice nurses, social workers, pharmacists, physicians, therapists, educators, administrators, and students are encouraged to attend. We encourage healthcare teams to attend together.

Concurrent Speakers

Cheryl Genord, BS, Pharm., R.Ph.
Clinical Pharmacy Specialist
Saint Joseph Mercy Health System
Ann Arbor, MI

Elizabeth Marazita, Doctor of Acupuncture and Oriental Medicine
NCCAOM Nationally Board Certified
East Lansing, MI

Debra Mattison, LMSW, OSW-C, ACSW
Clinical Social Worker
University of Michigan Health System
Ann Arbor, MI

Virginia Paige, MSN, RN, NP-C, ACHPN
Nurse Practitioner
Palliative Medicine Service, Henry Ford Health System
Detroit, MI

Rosemary Polomano, PhD, RN, FAAN
Associate Professor of Pain Practice
University of Pennsylvania - School of Nursing
Associate Professor of Anesthesiology and Critical Care (Secondary)
University of Pennsylvania Perelman School of Medicine
Philadelphia, PA

Mohit Rastogi, MD, Clinical Lecturer
Department of Anesthesiology
University of Michigan Health System
Ann Arbor, MI

Michael Spano, MS, Dipl. Ac., Acupuncturist
Henry Ford Health System
Center for Integrative Medicine
Northville, MI

Deborah S. Wagner, Pharm.D, FASHP, Associate Professor
Department of Anesthesiology and College of Pharmacy
Pediatric Safety Coordinator
University of Michigan Health System
Ann Arbor, MI

Panelists from Saint Joseph Mercy Health System

Elizabeth Van Hoek, MHSA
System Performance Improvement Leader

Elizabeth Beger, MSH, BSN, RN
Service Delivery Leader, Palliative Care Services

Dana Berry-Richardson, APRN-BC
Adult Nurse Practitioner, Palliative Care Services

Jennifer Hill Buehrer, LMSW
Social Worker, Palliative Care Services

Darrell Craig, MD
Medical Director, Palliative Care Services

Tuesday • November 13, 2012

AGENDA

- 7:30 - 8:30 Registration and Continental Breakfast
- 8:30 - 8:45 **Welcome and Conference Overview**
- 8:45 - 10:00 Interprofessional Collaboration: Teams in Action!**
Rosemary Polomano, PhD, RN, FAAN
- 10:00 - 10:30 Break, Posters, and Exhibits
- 10:30 - 11:30 CONCURRENT SESSION 1**
- A. Multimodal Analgesia**
Rosemary Polomano, PhD, RN, FAAN
- B. Eastern Medicine and Acupuncture**
Elizabeth Marazita and
Michael Spano, MS, Dipl. Ac
- C. Pain Management Tools: Using Information Technology**
Mohit Rastogi, MD
- D. Opioid Calculations: Asking the Right Questions to Find the Best Answers**
Cheryl Genord, BS, Pharm., R.Ph.
- 11:30 - 1:00 Lunch
- 1:00 - 2:00 CONCURRENT SESSION 2**
- E. Pain Assessment: Covering the Bases**
Virginia Paige, MSN, RN, NP-C, ACHPN
- F. Compassion Fatigue: Self Care for Healthcare Professionals**
Debra Mattison, LMSW, OSW-C, ACSW
- G. Nonopioid Therapies: What's Old, What's New?**
Deborah Wagner, Pharm.D, FASHP
- 2:00 - 2:30 Break
- 2:30 - 4:00 Interprofessional Collaboration: One Team's Success**
Palliative Care Team –
Saint Joseph Mercy Health System
Moderated by Elizabeth Van Hoek, MHSA
Panelists: Elizabeth Beger, MSH, BSN, RN
Dana Berry-Richardson, APRN-BC
Jennifer Hill Buehrer, LMSW
Darrell Craig, MD
- 4:00 - 4:15 Closing and Evaluation**

Planning Committee

Henry Ford Health System

Wendy Goldberg, MSN, APRN, BC
Jennifer Michalski, MSN, RN

Michigan State University College of Nursing

Kathleen Kessler, MSN, RN, APRN, BC

Saint Joseph Mercy Health System

Jennifer Hill Buehrer, LMSW
Rita Ferguson, MSN, RN
Cheryl Genord, BS, Pharm., R.Ph.

University of Michigan Health System

Susan Holmes-Walker, PhD, RN
Sandra Merkel, MS, RN-BC
Dorothy Nagle, MSN, RN-BC
Julie Pichler, BSN, RN

Wayne State University College of Nursing

April Hazard Vallerand, PhD, RN, FAAN

NEW EVENT LOCATION...

**ANN ARBOR MARRIOTT YPSILANTI
AT EAGLE CREST**
1275 South Huron Street, Ypsilanti, MI 48197

www.marriott.com/hotels/travel/dtwys-ann-arbor-marriott-ypsilanti-at-eagle-crest/

*A special overnight room rate of \$119 has been arranged at the Ann Arbor Marriott Ypsilanti at Eagle Crest. Overnight accommodations are to be arranged by the registrant by calling 734.487.2000 or 1.800.228.9290 by Monday, October 22, 2012. You must identify yourself as a member of the **The 2012 Conference for Pain**. After this date, reservations will be accepted based on upon room type availability; the contracted rate may not be applicable.*

To access reservations, go to www.annarbormarriott.com; use the conference's seven digit promotional group code: CPPCPA.

All reservations must be guaranteed by a major credit card. Eagle Crest will not hold any reservation without a guarantee.



Tuesday • November 13, 2012

REGISTRATION

REGISTER ONLINE AT OUR SECURED WEBSITE:

https://commerce.cashnet.com/msu_3053

- Early Registration Fee: \$120** (if received on or before October 12, 2012)
- Regular Registration Fee: \$135** (if received after October 12, 2012)
- Student Registration Fee: \$75** (with copy of valid student ID)

(Registration fee includes attendance for entire day, continental breakfast, lunch and conference materials. A \$25 service fee will be retained from refunds requested by November 1, 2012. No refunds will be available after November 1. Substitutions will be accepted.)

CONCURRENT SESSIONS (Please choose one from each session)

SESSION 1: A B C D **SESSION 2:** E F G

- Check here if you do NOT want your contact information included in a Participant list.
- I would like a vegetarian meal.
- I have special needs I would like to discuss.

Please call me at (_____) _____

Or you may call 800-605-6424, Option 3 to discuss.

FOR PAYMENT BY CHECK, PLEASE COMPLETE INFORMATION BELOW AND SUBMIT BY U.S. MAIL:

Name _____

Title _____

Organization _____

Address _____

City _____ State _____ Zip _____

Phone (_____) _____

Fax (_____) _____

Email _____

(Email address required to receive confirmation notice)

Send checks payable to **Michigan State University** along with this form to:

Michigan State University – College of Nursing
Attn: Pain Conference, A104 Life Sciences Bldg
East Lansing, MI 48824-1317

Fax: 517-432-8131 • Email: hanerd@msu.edu