



**Advocacy
Walk Begins
at 12:30pm!**

**Wednesday, May 14, 2014, marks the
10th anniversary of the Walk-a-Mile in
My Shoes Rally
*State Capitol Building, Lansing***

**Rally
Begins at
1:15pm!**

Why We Rally...

To enhance public awareness

Because legislators need to know *Mental Health Matters*

To put an end to the stigma related to mental illness & developmental disabilities

**Because Michigan does not have parity (equality) between mental health
& physical health care coverage**

To promote mental health and wellness

Because we can make a difference!

In recognition of May as Mental Health Awareness Month, the Michigan Association of Community Mental Health Boards and other statewide advocacy agencies are hosting the 10th annual rally where consumer representatives hold county flags and deliver a statement about mental health from the steps of the state Capitol building.

**Join us for a walk around the Capitol, map signing, photo booths and more
to help celebrate our 10th anniversary!**