



**Capital Area
Center for Independent Living**
"Your Disability Resource"

PEAC



Adaptive Cycling Clinic

**July 19, 2014
9:00 am - 12:00 pm**

(40 minute time slots)

***Location: Peckham, Inc.
3510 Capital City Blvd,
Lansing, MI 48906***

***The Ability Tour is an inclusive, bicycle ride
dedicated to raising awareness for people of
ALL abilities.***

REGISTER NOW ONLINE

*at www.abilitytour.com - Under the registration tab,
click the link that takes you to Active.com & select the 8
mile Ride. Fill in the riders information / sign waiver.
Under payment section, use the code PEACRIDER
for the discount. You are now registered, but still need
to contact CACIL to sign up for your 40 minute time slot*

through PEAC where they believe that "Everyone CAN Ride".
A non-profit organization based in Ypsilanti, MI that is dedi-
cated to empowering individuals with disabilities through
cycling. Various bikes will be onsite to try out and used for the
lesson including, handcycles, tricycles, recumbent bikes and
tandems. Space is limited ~ Sign up NOW!!!

COST: \$12.50

(with Code PEACRIDER)
includes a personal bike fit,
one on one instruction,
cycling experience, race t-
shirt & lunch



Have you ever
wondered what it
would be like to ride
a bike that would be
fit to your individual
needs? Well now is
your chance to get a
private cycling

lesson with
certified
instructors



For More Information and to Sign up for a 40 minutes lesson

(You must already be Registered at www.abilitytour.com for the Ride)

Contact: Alexis Schneider from CACIL (517)999-7514 or aschneider@cacil.org