



April 22, 12pm

Media event and kick-off of Celebrity Health Challenge at Lansing City Market



May 9, 12pm

Compete in "The Gauntlet" Family Fit Day event at Letts Community Center



June 6, 9am

Compete in Lansing trivia and health trivia at the Mayor's Riverwalk at Potter Park Zoo



July 19, 10am

Race at Crego Park! Canoe and trail race



August 9, 10am

Family Fun! Soccer & yard games at Hope Sports Complex



September 20, 9am

Compete at the Capital City River Run



October 4, 10am

Team contests at Court 1 Athletic Club (Lake Lansing Rd)



November 7, 10am

Finale and prizes at the Westside YMCA

Mark Your Calendar!

All of the events will be *Family Friendly!* We encourage *Public Participation!*

FREE water and snacks are provided at each event!



Metro Lansing Celebrity Health Challenge