

# Let's Walk and Talk with a Doctor

Facilitated by the **Capital Area Health Alliance**

in collaboration with the

**2015 Walking in Our Community Series**

## Saturday, June 6<sup>th</sup>

at the

### Brenke Fish Ladder

Corner of Turner St. and Grand River Ave., Lansing MI 48906

**Park at City Lot 56 - Caesar Chavez Plaza**



*Come walk and talk with local doctors while learning about the great benefits of being physically active.*

10:00 a.m. Registration

10:10 a.m. Presentation by  
Dr. Jake Rowan, Sparrow

10:20 a.m. Talk with Dr. Rowan while  
walking along the Lansing  
River Trail

For more information, call the Capital Area Health Alliance at 517-347-3377 or visit [CapitalAreaHealthAlliance.org](http://CapitalAreaHealthAlliance.org).

