



TOGETHER IN HEALTH



*Save the date* for the annual  
**Women's Health Experience**

Saturday, November 21 from 10 a.m. to 1 p.m.

Visit [hgbhealth.com](http://hgbhealth.com) to check on event information and updates.

## TOGETHER IN HEALTH

Enjoy a day just for you and the favorite women in your life to learn, socialize and be pampered before the busy holiday season.

Saturday, November 21  
from 10 a.m. to 1 p.m.  
*Lunch will be provided.*

Experience the five dimensions  
of health and well-being:

*do, eat, think,  
breathe & support*



800 W. Lawrence Ave.  
Charlotte, MI 48813

